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Member of the International Society of Hypertension, European Society of Hypertension, High Blood Pressure Council and Working Group on Hypertension and the Heart of the European Society of Cardiology. He has been Vice-Chairman (2002-2004) and then Chairman (2004-2006) of the Working Group "Hypertension and the Heart" of the European Society of Cardiology. He has been Treasurer and then Secretary of the Italian Society of Hypertension (2004-2007). In 2003-2007 he has received research grants from the Italian Society of Hypertension. In 2006-2007 he has been member of the Task Force of the European Society of Hypertension/European Society of Cardiology for the 2007 Guidelines on Hypertension. In 2007 he has been appointed "Wright Lecturer" at the Annual Meeting of the High Blood Pressure Council of Australia. In 2008 he has been elected in the Scientific Council of the International Society of Hypertension. In 2009 he has received the Bjorn Folkow Award and Lecture from the European Society of Hypertension.

His research areas include the pathophysiology, clinical pharmacology and treatment of hypertension, obesity and metabolic syndrome, cardiac arrhythmias and heart failure. He has published more than 350 original papers and reviews in major scientific international journals. He is Executive Editor of the Journal of Hypertension and member of the Editorial Board of Hypertension, Clinical Science, American Journal of Hypertension and Blood Pressure. He has been member of the Scientific Committee of the WHO/ISH Meetings held in 1991 and 1993, the IX-XII-XIV-XVI European Meeting on Hypertension and the Meeting of the International Society of Hypertension in Prague (2002) and in Berlin (2008).